

# Cornhill Nursery Sun Safety Policy 2024



## Introduction

At Cornhill Nursery we acknowledge the importance of sun protection and want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this.

## Children

The children will be taught about the importance of sun safety. They will learn about when and why sun cream should be applied, when to stay in the shade, the need to cover up their skin, and use other precautionary measures.

All children will listen to a Sun Safety **story** during the spring/summer months.

<https://www.youtube.com/watch?v=T7ghJsZug60> – George the Sun Safe Superstar

<https://www.youtube.com/watch?v=tVmi2De2QU8> – The Sun Safe Gang

All children may be given the opportunity to learn a Sun Safety **song** during the spring/summer months.

<https://www.youtube.com/watch?v=l3abQZCZxAc> – Sunscreen Action Song

<https://www.youtube.com/watch?v=FzA47J7QsVk> – Slip, Slop, Slap, Seek and Slide or

<https://www.youtube.com/watch?v=Fwa49vPr-3I> – You Gotta Be Sun Smart!

## Parents

- Parents and carers will be sent a Seesaw post explaining what we are doing about sun protection and how they can help.
- Parents are requested to apply sun cream to their child at home before they leave for nursery on days it is deemed required. This will protect children on the journey to nursery and should also allow sufficient time (usually 20 minutes) for cream to be absorbed ready for maximum protection during outside play. Co-operation in this matter saves a lot of time for nursery staff too.
- Staff will check at drop off time if sun cream has been applied prior to the nursery session. If not, parents will be asked to apply it before the child comes inside. Staff will mark a **tick** on the sign in sheet if parents have already applied.
- Parents must supply their own sun cream for their child. This should be a bottle that is open, **has been used on the child already and is clearly labelled**. (Child's name, class and **date the suncream was opened** – this is important as the cream has a shelf life.)
- Parents are required to give consent in the Personal Plan for their children to have their **own, personal, labelled sun cream** re-applied by nursery staff if necessary. For those who are able,

the children can apply the cream themselves, but staff will supervise and/or help to ensure all important areas are covered.

- Parents are required to give consent in the Personal Plan for their children to have **nursery suncream applied** should the child not have their own to re-apply. This consent is required in case of any known allergies to sun cream. **Nivea KIDS** suncream with an **SPF of 30 or above** will be applied.
- Staff will reapply sun to the children in the afternoon (or sooner, if necessary). Re-application of sun cream will be identified on the sign in sheet by **highlighting the tick** from earlier on in the day.
- Parents are also requested to provide sunhats and protective clothing (e.g. long sleeve t-shirt).
- Parents are asked to provide their child with a bottle of water to ensure the child stays hydrated in the warm weather. (**No flavoured or fizzy drinks**)
- Where permission to apply sun cream is withheld, staff must ensure parents/carers send children in to the setting wearing long sleeved tops, trousers and a sunhat which protects the back of the neck and face. With children in this situation, staff must take special care to ensure that they use shaded areas and keep hydrated. Staff and parents/carers should refer to NHS sunscreen and sun safety guidance <https://www.nhs.uk/live-well/seasonal-health/sunscreen-and-sun-safety>

### **Staff**

- Staff will set a good example to the children by following the sun safe rules.
- Staff will supervise children re-applying sunscreen on days when the sun is strong.
- Staff will ensure the children are kept hydrated at regular intervals.
- Staff will ensure shaded areas are set up in the nursery garden – with the help of the children where appropriate.
- When the sun is strong we will encourage children to sit/play in the shade where it is available. Shaded areas will be set up in the garden area.
- Staff will ensure children's exposure to the sun will be more limited throughout hot, sunny days, especially between the hours of 11am and 3pm.

<i>Policy Written</i>	<i>Policy reviewed</i>	<i>Changes made</i>
<i>May 2021</i>	<i>April 2022</i>	-
	<i>May 2023</i>	<i>'Professional judgement' on when suncream required.</i>
	<i>May 2024</i>	<ul style="list-style-type: none"> <li>▪ <i>Permission to applying suncream being withheld.</i></li> <li>▪ <i>The children MAY be given the opportunity to learn a sun safety song – not mandatory.</i></li> <li>▪ <i>Parents to add 'date opened' on label of suncream bottle due to shelf life.</i></li> <li>▪ <i>Reapplication of suncream identified by highlighting tick from morning.</i></li> <li>▪ <i>Professional judgement now removed. Sun cream should be applied daily during summer term.</i></li> </ul>