



WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEALS	Pork Sausages or Tomato Pasta (v) or Tuna Sandwich	Fish Cake or Cheese Panini (v)	Lentil Soup or Bolognese Sauce	Vegetable Soup or Curried Lentil Burger (v) or Egg Mayo Bun (v)	Leek & Potato Soup (v) or 4 Cheese Ravioli in tomato sauce (v)
CARBOHYDRATE	Mashed Potatoes	Potato Croquettes	Spaghetti	Chips	
VEGETABLES	Baked Beans Or Broccoli	Carrots	Whole Green Beans	Peas	Sweetcorn
DESSERT	Fresh Fruit Selection				