

Afternoon Tea Menu (for 1pm-6pm session) WINTER MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TEA MENU	Baked Beans on Toast (v)	Egg Mayonnaise Wrap (v)	Quorn Pastie (v)	Cheese Sandwiches (v)	Lentil Soup with crusty bread (v)
	Salad Bowl	Salad Bowl	Salad Bowl	Salad Bowl	Salad Bowl
	Fruit	Fruit	Fruit	Fruit	Fruit

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TEA MENU	Spaghetti Hoops on toast (v)	Vegetable Soup (v) with crusty bread	Egg Mayonnaise Sandwiches (v)	Meat Free Sausage Roll (v)	Cheese & Tomato Wrap (v)
	Salad Bowl	Salad Bowl	Salad Bowl	Salad Bowl	Salad Bowl
	Fruit	Fruit	Fruit	Fruit	Fruit

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TEA MENU	Cheese on Toast (v)	Tomato Sauce & Pasta (v)	Falafel with yogurt dip (v)	Cream Cheese & Cucumber Wrap (v)	Tomato & Basil Soup (v) with crust bread
	Salad Bowl	Salad Bowl	Salad Bowl	Salad Bowl	Salad Bowl
	Fruit	Fruit	Fruit	Fruit	Fruit