

Cornhill Nursery - Sun Safety Policy



Introduction

At Cornhill Nursery we acknowledge the importance of sun protection and want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this.

Children

The children will be taught about the importance of sun safety. They will learn about when and why sun cream should be applied, when to stay in the shade, the need to cover up their skin, and use other precautionary measures.

All children will listen to a Sun Safety **story** during the spring/summer months.

<https://www.youtube.com/watch?v=T7ghJsZug60> – George the Sun Safe Superstar
<https://www.youtube.com/watch?v=tVmj2De2QU8> – The Sun Safe Gang

All children will learn a Sun Safety **song** during the spring/summer months.

<https://www.youtube.com/watch?v=l3abQZC7xAc> – Sunscreen Action Song
<https://www.youtube.com/watch?v=FzA47J7QsVk> – Slip, Slop, Slap, Seek and Slide or
<https://www.youtube.com/watch?v=Fwa49vPr-3I> – You Gotta Be Sun Smart!

Parents

Parents and carers will be sent an ILD post explaining what we are doing about sun protection and how they can help.

Parents will be requested to apply sun cream to their child at home before they leave. This will protect children on the journey to nursery and should also allow sufficient time (usually 20 minutes) for cream to be absorbed ready for maximum protection during outside play. Co-operation in this matter saves a lot of time for nursery staff too.

Staff will check at drop off time that sun cream has been applied prior to the nursery session.

Parents must supply their own sunscreen for their child. This should be a bottle that is open, has been used on the child already and is clearly labelled.

Parents are also requested to provide sunhats and protective clothing (e.g. long sleeve t-shirt).

Parents are required to give consent in the Care Plan for their children to have their **own, personal, labelled sun cream** re-applied by nursery staff if necessary. For those who are able, the children can apply the cream themselves, but staff will supervise and/or help to ensure all important areas are covered.

Parents are required to give consent in the Care Plan for their children to have **nursery suncream applied** should the child not have their own to re-apply. This consent is required in case of any known allergies to sun cream. An SPF 50 will be applied.

Parents are asked to provide their child with a bottle of water to ensure the child stays hydrated in the warm weather. (No flavoured or fizzy drinks)

Staff

Staff will set a good example to the children by following the sun safe rules.

Staff will supervise children re-applying sunscreen on days when the sun is strong.

Staff will ensure the children are kept hydrated at regular intervals.

Staff will ensure shaded areas are set up in the nursery garden – with the help of the children where appropriate.

When the sun is strong we will encourage children to sit/play in the shade where it is available. Shaded areas will be set up in the garden area.

Staff will ensure children's exposure to the sun will be more limited throughout hot, sunny days, especially between the hours of 11am and 3pm.

Policy written May 2021

Reviewed