Aberdeen Sports Village – ASV Families Camp Application Form

Personal Details

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| --- | --- |
| Name: |  |
| Date of Birth: |  |
| Address: |  |
| Post Code: |  |
| Contact Number: |  |
| Email Address: |  |

Family Details

Please provide information for each family member that will take part in ASV Families

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| Name | Age | School / Occupation | Dietary / Medical conditions |
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Family Lifestyle Questions

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| 1. On average, how many times a week does your family cook together? |
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| 1. On average, how many times a week does your family exercise / take part in physical activity and what is the activity? |
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| 1. On average, how many times a month does your family have a takeaway or visit a fast food restaurant? |
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| 1. On average, how many pieces of fruit and vegetables does your family eat daily (per person)? |
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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. How knowledgeable are you and your family when it comes the nutritional value of food? | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 1. How knowledgeable are you and your family when it comes to different exercises and types of activities? | | | | | | | | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

Please Return application forms to

Graham Morrison, Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU

or via email to [graham@aberdeensportsvillage.com](mailto:graham@aberdeensportsvillage.com)