Aberdeen Sports Village – ASV Families Camp Application Form

Personal Details

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| Name: |  |
| Date of Birth: |  |
| Address: |  |
| Post Code: |  |
| Contact Number: |  |
| Email Address: |  |

Family Details

Please provide information for each family member that will take part in ASV Families

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| --- | --- | --- | --- |
| Name | Age | School / Occupation | Dietary / Medical conditions  |
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Family Lifestyle Questions

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| 1. On average, how many times a week does your family cook together?
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| 1. On average, how many times a week does your family exercise / take part in physical activity and what is the activity?
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| 1. On average, how many times a month does your family have a takeaway or visit a fast food restaurant?
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| 1. On average, how many pieces of fruit and vegetables does your family eat daily (per person)?
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| 1. How knowledgeable are you and your family when it comes the nutritional value of food?
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| 1 [ ]  | 2 [ ]  | 3 [ ]  | 4 [ ]  | 5 [ ]  | 6 [ ]  | 7 [ ]  | 8 [ ]  | 9 [ ]  | 10 [ ]  |

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| 1. How knowledgeable are you and your family when it comes to different exercises and types of activities?
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| 1 [ ]  | 2 [ ]  | 3 [ ]  | 4 [ ]  | 5 [ ]  | 6 [ ]  | 7 [ ]  | 8 [ ]  | 9 [ ]  | 10 [ ]  |

Please Return application forms to

Graham Morrison, Aberdeen Sports Village, Linksfield Road, Aberdeen, AB24 5RU

or via email to graham@aberdeensportsvillage.com