

### Dice Dare

Roll a dice and do:  
1 - jump,  
2 - hop,  
3 - touch your toes,  
4 - star jumps,  
5 - pencil rolls,  
6 - squats

### I Spy

Can you find things in your house or on a walk that start with a certain sound (e.g. S) or a certain colour?

### Rainbow Wristband

Make a wristband from cardboard and add double sided tape. Collect flowers/leaves to stick on. See if you can collect all the colours of the rainbow.

### Musical Instruments

Fill glass bottles/jars with coloured water each at different levels. Use a stick to hit the jar and listen to the sounds you can make.

### SNAP!

Do you have some cards at home? Why not try playing snap to see if you can match the numbers first before your partner!

### Paper plane

Design and make a paper plane (or a paper plate frisbee). Throw it and then count how many steps it takes to reach it. Who can throw it the furthest?

### Loose parts

Can you make your name out of loose parts?  
What other letters or words could you make?

# Nursery bingo!

**18th - 29th MAY**

### Symmetry

Make a symmetrical picture using paint (remember to only paint one side before folding!) You could even try to hold a mirror beside it to make the symmetrical side appear like magic!

### Shopping list

Write or draw a shopping list to give to a parent/carer next time they do their essential shop

### Throw and Catch

Can you throw a ball to a partner and catch it again? See how many times you can do this without dropping the ball!

### Joke time!

What is your favourite joke? Take a video of yourself telling the joke to share with us

### ONLINE ACTIVITY

TOPMARKS

<https://www.topmarks.co.uk/>

(Select "early years" for age group)  
A selection of online educational games

### Relax

Set a timer for 1 minute, lay down and close your eyes. Can you say or describe what you hear?

### Natural perfume

Create your own outdoor perfume using water, petals, grass or mud  
Make an indoor perfume using water and different herbs and spices

