**PE Tasks (P4-7) – Week 2**

**Learn a new Skill:**

The toilet roll keepy-up challenge! What different ways can you keep a toilet roll in the air? Watch the video clip for some ideas. If you’re not too good with your feet then try hands, knees or just trying to throw or kick it into a target that you have set up.

<https://www.youtube.com/watch?v=LRcQzT1jlVQ>

**Indoor Physical Challenge:**

Complete the Playing Card Fitness Game. If you are playing by yourself then pic 10 cards at random and complete the exercises. If you are playing with a family member then take it in turns to pick a card from a pile of cards and complete the exercise. If you don’t have playing cards can you make some?

**Outdoor Physical Challenge:**

Go on a scavenger hunt around your local streets and collect things that are different shapes. Take them home then recreate the shapes by drawing the objects you have collected.

**Written Task**

The Tokyo 2020 Olympics were meant to be held this summer but have been moved to next year. Write a list of as many different sports as possible that are in the Olympics, there are 33 in total. When you have names as many as you can, research which ones you have missed. Now create a poster or powerpoint on 1 of the new sports for 2020 with as much information as possible.